



presents



50mi/50km/25km

ENDURANCE TRAIL RUN

3 April 2010

Dear Trail Runner,

Welcome to Hell's Hills and thanks for choosing the 10th annual running of this Trail Run that used to be called Rocky Hill Ranch. It's still the same old race with a different name. The start/finish is at the check-in Shed.

Joe & Joyce Prusaitis
1101 Plymouth Austin, TX 78758
512-294-6456 - jprusaitis@austin.rr.com

Start & Cutoffs

50mi 5:00am start / (15hrs) cutoff
50km 6:00am start / (14hrs) cutoff
25km 7:00am start / (13hrs) cutoff

3:00pm - Nobody can start another loop after this time. (This is NOT the 50km cutoff)
4:30pm – Bottle Infrontofme (CUT-OFF)
6:00pm - Tunnel o Pines (CUT-OFF)
8:00pm - All 3 races (CUT-OFF)

Where

Rocky Hill Ranch near Smithville TX

Distances

50mi (3x) 16.7 mi loops
50km (2x) 15.5 mi loops
25km (1x) 15.5 mi loop

Cost (entry):

- a) 100% Refund (minus \$15) until 6 March.
- b) No Refunds after 6 March.
- c) No Transfers to another person or rollovers to next year.
- d) We have no means to accept credit at the ranch. Cash or check only.
- e) On Line entry will be turned off on the Tuesday before the race.
- f) Do not mail in any entries after 21 March. I will not be home to receive them.

Sponsors

Salomon, Hammer Nutrition

Lodging

Google – Bastrop TX Hotels and choose the ones on the east side of town.

Terrain

A fair bit of rocks, a collection of rolling creek bed drop-ins and roll-outs, a twisty-turny riot of single-track trails, with the Wall & the Grind at the end of each loop.

Packet Pickup

At the ranch. Friday 4-7pm, Saturday 4:30-7:00am.

Parking

You will be directed to park near the start.

Marking

Ribbons & arrows (along the entire course), and glowsticks early on.

Runner Crews

No aid stations are accessible to crews except at the start/finish area

Litter

You will be DQ-ed if you are caught littering the course.

Timing

We will have chip timing. Everybody must wear a chip on their ankle. (our chip)

Dogs

No Dogs!

Camping

For RV hookups and camping... call Pam (361-205-7039)

Awards (Matching awards for Male & Female)

Overall– 1st-through-5th finishers (regardless of age - the TOP FIVE)

Masters– 1st-through-3rd finishers (50+)

Post Race Food

Hamburgers & Veggie-Burgers & fixens for cash... bring a few bucks.

The saloon is closed, so CRASH is cookin.

Also: bring a lawn chair and your own drinks.

Hells Hills Aid Stations				
7:00am	6:00am	5:00am		
25km	50km	50mi	cutoffs	aid stations
loop 1				
2.73 mi	2.73 mi	2.73 mi	.	KW (karaway)
5.69 mi	5.69 mi	6.90 mi	.	BF (bottleinfrontome)
10.69 mi	10.69 mi	11.90 mi	.	TP (tunnel of pines)
15.50 mi	15.50 mi	16.71 mi	.	Shed (start/finish)
loop 2				
.	18.23 mi	19.44 mi	.	KW (karaway)
.	21.19 mi	23.61 mi	.	BF (bottleinfrontome)
.	26.19 mi	28.61 mi	.	TP (tunnel of pines)
.	31.00 mi	33.42 mi	3:00pm	Shed (start/finish)
loop 3				
.	.	36.15 mi	.	KW (karaway)
.	.	40.32 mi	4:30pm	BF (bottleinfrontome)
.	.	45.32 mi	6:00pm	TP (tunnel of pines)
.	.	50.13 mi	8:00pm	Shed (start/finish)

KW is a WATER ONLY station

BF & TP & Shed are full service stations.

NOBODY starts another loop after 3:00 PM

Race is over at 8:00 PM (15hrs for 50mi, 14hrs for 50km, 13hrs for 25km)