

# WILD HARE TRAIL RACE AID STATION CHARTS



All cutoff times figured from the mass start of the longest distance offered on that day.

Slowest Pace Possible = 18:00

| 50 Miles     |          |       |       |             |      |         |                                  |         |                |
|--------------|----------|-------|-------|-------------|------|---------|----------------------------------|---------|----------------|
| Name         | Sequence | Split | Mile  | Drop Bag    | Crew | Parking | Served                           | Cutoff  | Cutoff Hrs     |
| <b>Lap 1</b> |          |       |       |             |      |         |                                  |         |                |
| Barn         | 0        | Start | 0.00  | Self-Served | Y    | N       | H2O, ice, gels, Tailwind         |         |                |
| Midway       | 1        | 3.50  | 3.50  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Midway       | 2        | 3.20  | 6.80  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 3        | 4.30  | 11.30 | Self-Served | Y    | N       | Full Aid                         |         |                |
| <b>Lap 2</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 4        | 3.50  | 14.80 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 5        | 4.30  | 19.10 | Self-Served | Y    | N       | Full Aid                         |         |                |
| <b>Lap 3</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 6        | 3.50  | 22.60 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 7        | 4.30  | 26.90 | Self-Served | Y    | N       | Full Aid                         |         |                |
| <b>Lap 4</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 8        | 3.50  | 30.40 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 9        | 4.30  | 34.70 | Self-Served | Y    | N       | Full Aid                         | 4:54 PM | 10 hrs, 24 min |
| <b>Lap 5</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 10       | 3.50  | 38.20 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 5:57 PM | 11 hrs, 27 min |
| Barn         | 11       | 4.30  | 42.50 | Self-Served | Y    | N       | Full Aid                         | 7:15 PM | 12 hrs, 45 min |
| <b>Lap 6</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 12       | 3.50  | 46.00 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 8:18 PM | 13 hrs, 48 min |
| Barn         | 13       | 4.30  | 50.30 | Self-Served | Y    | N       | Full Aid                         | 9:30 PM | 15 hrs, 0 min  |

| 50K          |          |       |       |             |      |         |                                  |         |                |
|--------------|----------|-------|-------|-------------|------|---------|----------------------------------|---------|----------------|
| Name         | Sequence | Split | Mile  | Drop Bag    | Crew | Parking | Served                           | Cutoff  | Cutoff Hrs     |
| <b>Lap 1</b> |          |       |       |             |      |         |                                  |         |                |
| Barn         | 0        | Start | 0.00  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Midway       | 1        | 3.50  | 3.50  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 2        | 4.30  | 7.80  | Self-Served | Y    | N       | Full Aid                         |         |                |
| <b>Lap 2</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 3        | 3.50  | 11.30 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Barn         | 4        | 4.30  | 15.60 | Self-Served | Y    | N       | Full Aid                         | 4:54 PM | 9 hrs, 24 min  |
| <b>Lap 3</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 5        | 3.50  | 19.10 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 5:57 PM | 10 hrs, 27 min |
| Barn         | 6        | 4.30  | 23.40 | Self-Served | Y    | N       | Full Aid                         | 7:15 PM | 11 hrs, 45 min |
| <b>Lap 4</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 7        | 3.50  | 26.90 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 8:18 PM | 12 hrs, 48 min |
| Barn         | 8        | 4.30  | 31.10 | Self-Served | Y    | N       | Full Aid                         | 9:30 PM | 14 hrs, 0 min  |

| 25K          |          |       |       |             |      |         |                                  |         |                |
|--------------|----------|-------|-------|-------------|------|---------|----------------------------------|---------|----------------|
| Name         | Sequence | Split | Mile  | Drop Bag    | Crew | Parking | Served                           | Cutoff  | Cutoff Hrs     |
| <b>Lap 1</b> |          |       |       |             |      |         |                                  |         |                |
| Barn         | 0        | Start | 0.00  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Midway       | 1        | 3.50  | 3.50  | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 5:57 PM | 10 hrs, 12 min |
| Barn         | 2        | 4.30  | 7.80  | Self-Served | Y    | N       | Full Aid                         | 7:15 PM | 11 hrs, 30 min |
| <b>Lap 2</b> |          |       |       |             |      |         |                                  |         |                |
| Midway       | 3        | 3.50  | 11.30 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 8:18 PM | 12 hrs, 33 min |
| Barn         | 4        | 4.30  | 15.60 | Self-Served | Y    | N       | Full Aid                         | 9:30 PM | 13 hrs, 45 min |

| 10K    |          |       |      |             |      |         |                                  |         |                |
|--------|----------|-------|------|-------------|------|---------|----------------------------------|---------|----------------|
| Name   | Sequence | Split | Mile | Drop Bag    | Crew | Parking | Served                           | Cutoff  | Cutoff Hrs     |
| Barn   | 0        | Start | 0.00 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks |         |                |
| Midway | 1        | 3.50  | 3.50 | Self-Served | Y    | N       | H2O, ice, Tailwind, gels, snacks | 8:18 PM | 12 hrs, 18 min |
| Barn   | 2        | 2.60  | 6.10 | Self-Served | Y    | N       | Full Aid                         | 9:30 PM | 13 hrs, 30 min |